

THE FIVE WORLDS

Resonate With The Soul

THE FIVE WORLDS PROGRAM:

A Transformative approach to Personal Development utilizing ancient, modern, and scientific energy practices.

An extraordinary opportunity to fulfill 5 levels of self-discovery and self-mastery. This program engages your spirit, mind and body. It unravels old patterns and evolves you to the next level of your conscious awareness. As your body opens to remembering it's original wholeness, it powerfully aligns with your deepest intention and inner calling. You will feel Awakened to tenderness, strength and clarity, and grateful for your own gifts and beauty. This unique 5 level program strengthens self-awareness and provides specific tools to enhance intuitive skills and greater focus. These techniques can also be used for stress management, pain, and during times of conflict. All classes include sound healing techniques.

UPDATE: In order to better accommodate work schedules, **The Five Worlds will begin at 7:00 pm on July 28th.**

PREREQUISITE: Participation in Lisa's Awaken

(There will be an **Awaken** scheduled for **July 28th at 10am** for those coming in from out of town.)

DATES: 5 Day Intensive: July 28 - Aug. 1

The program begins at 7 pm on July 28th. All other dates are from 10am - 5 pm except Saturday, July 31st which is 10am - 9pm

PRICES: Early registration prices: \$695 until 5/1, \$795 until 6/21, the full fee of \$875 will be required after 6/21.

(Visa/MC accepted)

PLACE: Oakland, California - The address and directions will be given to you once your registration is complete.



Lisa Rafel is a "renaissance woman" who has applied her gifts to many professional activities. Lisa is a sound and energy educator, conference presenter, teacher, Shamanic and Integrative Kabbalistic healer, chantress, composer, performance artist, published poet and a presentation performance coach. In each aspect of her professional life, Lisa's knowledge comes from a deep spiritual understanding and an uncanny ability to express that understanding in simple, easy to grasp ways. Lisa has translated her skill and insight into action principles that are practical and universal.